



Lose the Training Wheels™, The Down Syndrome Advocacy Foundation, and The Center for Community Inclusion at the C.W. Post Campus of Long Island University are collaborating on an exciting event. Lose the Training Wheels™ is a program that teaches individuals with disabilities to ride a conventional two-wheel bicycle and become lifelong independent riders. This achievement, in turn, creates a gateway of opportunity, helping them gain assurance and self-reliance in many other aspects of their lives.

Many individuals with disabilities have the ability to ride a bicycle, but the existing methods of teaching them are inadequate. As children and teenagers, these individuals are excluded from a significant portion of a “normal” childhood as they sit on the sidelines while their siblings and peers ride bikes for transportation, recreation, and fun. The five-day camp session will take place June 25<sup>th</sup> - June 29<sup>th</sup> at the C.W. Post Campus of Long Island University, 720 Northern Blvd., Brookville, NY 11548

Lose the Training Wheels, Inc. is a national organization that works with local organizations to host camps in their communities. The Down Syndrome Advocacy Foundation (DSAF) is a not-for-profit organization [501(c)(3)] founded by a group of individuals who have children or family members with Down syndrome, dedicated to ensuring that individuals with Down syndrome have equal access to schools, leisure activities, employment, and housing. The Center for Community Inclusion at C.W. Post is dedicated to providing resources to school districts, service providers, and families so that individuals with disabilities will meet with success in inclusive environments.

Lose the Training Wheels™ uses adapted equipment, trained professionals and volunteers. With 75 minutes of instruction over five days, approximately 85 percent of campers learn to ride a conventional bicycle independently.

In conjunction with the bicycle camp, each participant will be asked to bring along a typical peer who will participate in a unique program. While the participants are learning to ride bicycles, their typical peer will be learning about disabilities, strategies for making their friend/family member with a disability more independent, and strategies for dealing with others who are less understanding of differences. After the bike-riding session each day, the children with disabilities and their typical peers will come together for a leisure/craft activity overseen by C.W. Post Education and Speech/Language graduate students.

We are in need of sponsors for this exciting program to help with the cost of the camp. Some of these expenses include:

*The Lose the Training Wheels Camp*

*Lodging and meals for the staff of Lose the Training Wheels for the week*

*Background checks and finger printing for all volunteers*

*T-shirts to be purchased for volunteers and participants*

*Medals for participants*

Any help you can give would be greatly appreciated and will help make a difference to last a lifetime. Support of sponsorship of \$150 or more will be advertised on the T-shirts and on our website. We would also be happy to display brochures/business cards during the week of the camp. We are hoping to have media coverage for this exciting event.

On behalf of the Down Syndrome Advocacy Foundation and the Center for Community Inclusion, we wish to thank you for your thoughtful consideration. If you need further information please contact Cathy Hoffman at 516-983-7008 or by e-mail at [dsaf03@gmail.com](mailto:dsaf03@gmail.com). For more information on Lose the Training Wheels, please visit their website at [www.losethetrainingwheels.org](http://www.losethetrainingwheels.org).



*Here is a great opportunity  
to make a difference in the life of a  
person with a disability!!*

Lose the Training Wheels™ is a program that teaches individuals with disabilities to ride a conventional two-wheel bicycle and become lifelong independent riders. Lose the Training Wheels™ uses adapted equipment, trained professionals and volunteers. Local high school and college students gain valuable experience participating as spotters in this very successful program. With just 75 minutes of instruction over five days, approximately 85 percent of campers learn to ride a conventional bicycle independently.

For a donation of \$150.00 or more, you can have your company or group's name and/or logo placed on the over 250 T-shirts worn by our participants, their family members, and our spotters. Also, the program has consistently received attention from the media; including Newsday and News Channel 12. Thus, it is a great way to advertise your company/group while at the same time supporting a great cause.

If you need further information please contact Cathy Hoffman at 516-983-7008 or by E-mail at [dsaf03@gmail.com](mailto:dsaf03@gmail.com). For more information on Lose the Training Wheels, please visit their website at [www.losethetrainingwheels.org](http://www.losethetrainingwheels.org).

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Name of Company/Sponsors Name (*to appear on T-shirt*) \_\_\_\_\_

Contact Name & Phone Number \_\_\_\_\_

Please charge my credit card \$\_\_\_\_\_ Credit Card Type: Visa MasterCard

Other \_\_\_\_\_ Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Security Code: \_\_\_\_\_ Signature: \_\_\_\_\_

Name on Credit Card: \_\_\_\_\_

Address, City, State, Zip: \_\_\_\_\_

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Please make check payable to *DSAF* and mail to:

*P.O. Box 12173, Hauppauge, NY 11788 by June 15, 2012*

Fax completed information to: 631-343-7208

Email logos to: [dsaf03@gmail.com](mailto:dsaf03@gmail.com)